



Nancy's Nourishing Kitchen

Hibiscus Honey Lime Mocktail

Serves 2

Ingredients:

8 oz boiling water
2 hibiscus tea bags
1-2 Tablespoons raw honey
2 Tablespoons fresh lime juice
4 oz plain seltzer
Mint leaf for garnish (optional)

**optional cocktail: 3 oz tequila or vodka

Directions:

Brew the tea: Add hibiscus tea bags and honey to boiling water and stir to dissolve honey. Let steep for at least 2 hours, then chill.

Combine chilled tea, lime juice and seltzer (and alcohol if using).

Pour into 2 glasses filled with ice.

Nancy Ferraris

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